Help is at hand

Your oral health matters to us.

Our Dental Helpline can provide you with impartial and expert advice on a range of oral health problems.

So far, we have helped an more than 400,000 people with reassurance and support.

If you, or somebody you know, has a problem or would simply like some advice, please get in touch with us - we are here to help.

01788 539 780 helpline@dentalhealth.org @dental_advice

Open Monday - Friday between 09:00 and 17:00.

On landlines calls are charged at your local rate.

More information and advice about your oral health is available at www.dentalhealth.org